

PREMIERE DANCE

Hair and Make-up instructions

Make-up is used for all types of stage performances including show choir, drama and dance. It is a necessary part of performing under bright stage lighting. We stress to the children that make-up is used only to show their face from far away, not to alter their look.

Hair

Coat hair with a large amount of strong holding gel. Pull hair into a high pony tail with a brush and fasten it with a black or brown pony tail holder. Smooth hair with a comb or natural bristle brush. Add more gel if needed and pin any short hair around the face, or at the nape of the neck with bobby pins or hair colored clips. Twist pony tail or braid it and bobby pin it into a bun shape. If the pony tail is very short, use an artificial hair piece to add fullness to the bun. (hair piece scrunchies can be found for \$3.00 at Walgreen's) Wrap a fine hair net several times around the bun and secure it with several bobby pins. Hair spray the entire head and let it dry. This style should stay in place through travel, sitting and costume changes! The gel will have to be washed out after the rehearsal in order to repeat the process for the recital.

Make-up (you may buy the least expensive make-up you can find)

Use foundation on the entire face, blending it into the neck with a wet sponge. This will add color to the skin and allow the eye-shadow and blush to adhere and stay in place for a longer period of time.

Use light brown eye shadow on the entire lid. Add dark brown or burgundy shadow in and above the crease and extend past the natural line of the eye. Use very light tan or white under brow.

Black eye-liner should be applied to the entire upper lash line and past the eye in an upward motion. (Liquid water-proof eye-liner works best, however it may not be tolerated by everyone) For dancers 8 years and older, eye-liner should also be applied under the lower lashes starting at the bottom (not the inside corner) and continuing in an almost straight line slightly past the eye.

Use black mascara on upper and lower lashes.

Blonde children or those with very light eyebrows may need to use a light brown eyebrow pencil so their eyebrows do not disappear under the stage lights.

Use pink (not peach) blush on cheeks. Apply liberally in an upward motion. Also add a small amount of blush on the upper forehead at the hairline and around the lower jaw.

Line the lips with a dark rose-pink or burgundy-red pencil and fill in with a coordinating lipstick.

That's it! You are ready for the stage! (children with sensitive skin or eyes can eliminate a step when necessary, but we hope most can wear a make-up made for sensitive skin)

Make-up can be easily removed with cold cream or mild soap and water. Baby shampoo works great around the eyes using a slightly dampened Q-tip! If you need to remove make-up before going home, use baby wipes.

The stage lights will dramatically lighten everyone's face and it is very important to apply the make-up as stated and to use enough. The make-up should look heavy, but not clown-like, up close. Bobby pins and hair clips will not be noticeable from the audience, so please use enough to keep the hair in place. Everyone must wear their assigned hair style and stage make-up at the dress rehearsal.

Dress rehearsal is the most important part of our preparation for the recital, please think of it as if it were the REAL show and be prepared. Don't forget to bring all of your shoes and all the parts of your costume (head pieces, gloves, bows, ears, hats etc.) For those students that change tights, don't forget the second pair!